

## National Association of Letter Carriers Food Drive

## Saturday, May 10th

The National Association of Letter Carriers Food Drive is scheduled for **Saturday**, **May 10<sup>th</sup>**. In Dane County and nationwide, this is the largest ONE DAY food collection for the entire year. And, by utilizing available food resources, individuals and families are able to stretch their household budgets and cover other necessities - such as housing costs, utilities, and transportation.

YOU can help in two ways:

First, please leave non-perishable food items out that day for your letter carrier to pick up. [No glass containers, please!] Also help advertise the drive by encouraging your friends, neighbors, and fellow Union members to participate.

Next, volunteer that afternoon at one of the postal stations! Between the hours of 1:00 p.m. and 8:00 p.m., you could help unload the bags and bags and bags of groceries off the letter carriers' trucks. You don't have to volunteer for the entire time - a two to three hour shift would be great. *[Warning: This does involve a lot of bending and lifting so please realize your physical limitations.]* 

If you can help out by volunteering that afternoon or if you would like an electronic version of this poster to distribute further, please contact your AFL-CIO Community Services Liaison at <u>labor@uwdc.org</u> or 608-246-4355.



AFL-CIO Community Services and United Way Partnership